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[www.susd.org/anlc](http://www.susd.org/anlc)

Charles Grisier, Principal  
Taylor Jones, Assistant  
Principal

## ANLC NEWSLETTER OCTOBER, 2009

### News from Charles Grisier, Principal

Dear ANLC Families,

We have accomplished so much since the start of the school year and we plan for more exciting activities and learning opportunities throughout the school year. Be sure to read some of the individual articles in this newsletter to learn more – there's a lot of information!

Often we get busy with the everyday routines and forget about the now. We unintentionally neglect those close to us. At ANLC we believe in hard work and the struggle to learn. We also believe in the social and emotional welfare of each child. The last sentence of our mission states, "*we focus on the social, emotional and academic development of each child*". We have an opportunity during Fall Break to relax and rejuvenate our body and brain for continued hard work when we return. **Take this opportunity to enjoy family connections, read a book, and just be.**

Charles Grisier  
ANLC Principal

*Some fun ideas to enjoy family connections this break:*

- Take the downtown Scottsdale Trolley – it's free!
- Go to the Phoenix Zoo
- Use the ANLC library pass to go to the Museum of Art – free for the whole family
- Grab another family and have a picnic at Chaparral Park by the lake
- Go to the AZ Science Center – *Greeks: Secrets of the Past* showing at the IMAX
- Take a bike ride along the canal
- Skateboard at the Wedge at Eldorado Park
- Bake cupcakes
- Draw with chalk in your driveway

Sincerely,  
Charles Grisier, Principal  
480-484-7510

### Important Upcoming Dates

#### October

- 1 Girls Basketball & Boys Baseball @ Mountainside, 4-6 p.m.
- 2 Exploration Friday, 8:20-10:40 a.m.
- 6 Think Tank (Site Council) Meeting, 2:30-3:30 p.m.
- 7 Wednesday Wellness
- 9 End of 1<sup>st</sup> Quarter
- 12-16 **FALL BREAK – NO SCHOOL!**
- 20 Bilingual Advisory Meeting @ Paiute Center, 6-7 p.m.  
PTO Meeting @ ANLC library, 6-7 p.m.
- 21 Wednesday Wellness Walk
- 28 **Early Release @ 12:15 – Parent Teacher Conferences**
- 29 Picture Retake Day  
**Early Release @ 12:15 – Parent Teacher Conferences**  
Spooktacular – ANLC Family Science Night
- 30 Family Read, 7:50-8:20 a.m.  
**Early Release @ 12:15 – Parent Teacher Conferences**
- 31 Used Book Sale

#### November

- 3 Think Tank (Site Council), Library, 2:30-3:30 p.m.
- 4 Wednesday Wellness Walk
- 10 Bilingual Advisory Meeting, Paiute Center, 6-7 p.m.
- 11 **Veteran's Day Holiday – NO SCHOOL**
- 17 PTO Meeting, 6-7 p.m.
- 18 Wednesday Wellness Walk – JDRF Walk
- 20 Family Read, 7:50-8:20 a.m.
- 25 Wednesday Wellness Walk
- 26-27 **Thanksgiving Recess – NO SCHOOL**



## IB 8<sup>th</sup> Grade Informational Night

**On Tuesday, October 20 at 7:00pm, Desert Mountain High School will host an informational night for all 8<sup>th</sup> graders and their families who are interested in learning more about the IB program and the pre-diploma program. Families will learn about the application process, shadowing program, writing test and other entrance requirements. They can also ask questions of administrators, teachers, students and parents involved in IB. It will be held in the auditorium, and families should park in the lot between Desert Mountain High School and Mountainside Middle School. Informational fliers and shadowing forms will be sent home, through all 8<sup>th</sup> grade English classes, the week prior to fall break. For questions, please call, Laura Kamka, IB Coordinator, at (480)484-7062.**



## Carpool!

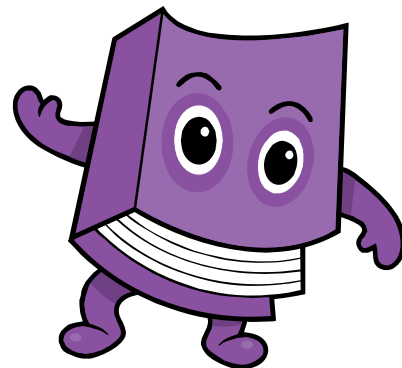
If anyone is interested in carpooling, please send an email to [friendsofANLC@cox.net](mailto:friendsofANLC@cox.net).



## MARK YOUR CALENDARS FOR TUESDAY OCT. 6, 7-8 PM

Arcadia PTO will be hosting a Parent Information Night - *Knowing and Controlling the Cyber World in your Home.*

Join us to hear Officer Joe Margadino talk about the internet and how predators gain access to our children. Learn tips and tricks to keep you and your children safer on line, with information on passwords, cyber bullying and establishing internet rules. And come be introduced to a brand new software company, WebSafety, that is developing technology that can block texting if a phone is moving (i.e. in a car) or is on at certain hours (i.e. during school), will alert you to dangerous messages being sent on and received by your child's phone, and can let you know when your student has entered a potentially dangerous website. The more you know about the technological world our children live in, the more you can help them use these amazing tools at their disposal and avoid the inherent dangers. This Parent Forum is open to the entire complex.



**Two hour/day library aide position available at ANLC. Hours are approximately 10:45-12:45. Please contact Assistant Principal Taylor Jones at [tjones@susd.org](mailto:tjones@susd.org) ASAP if you are interested!**



## Love and Logic Tips for Ending Homework Hassles

[www.loveandlogic.com](http://www.loveandlogic.com)

One mother said it well: "I'm tired of doing battle every evening over spelling words, long division, and book reports. I thought I was done with this sort of homework when I graduated from school!"

Listed below are some time-tested tips for helping your child with homework:

- **Help only as long as there is no frustration or anger.**

When homework becomes associated with negative emotions, it's no surprise that kids start to view learning as a real drag.

- **Help only as long as your child is working harder than you are.**

Say, "I'll be happy to help you as long as you're working harder than I am."

- **Avoid sitting with your child when they are about to "get it."**

Many kids come to believe that they can only learn new things...or "get it"...if an adult is guiding them every step of the way. Explain this by saying, "Part of my job as your Mom is to help you see that you can learn without me. That's why there will be times when I let you work by yourself."



*Thank you to every one who contributed to another successful Health Screening event at ANLC!! A special thanks to the Maltz family and the Robbins family who spearheaded the effort.*



## 2 Easiest Ways to Catch Swine Flu

Aside from having someone cough on your face, the easiest way to get the flu is to touch your eyes, nose, or mouth with unwashed hands, a risk-analysis study suggests.

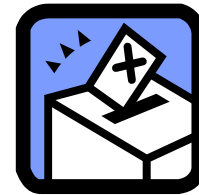
*webMD*

*and from fluFACTS.com:  
Cold or Flu?*

Symptoms	Cold	Flu
Fever	Rare	Usually Present
Aches	Slight	Usual, often severe
Chills	Uncommon	Fairly common
Tiredness	Mild	Moderate to severe
Sudden Symptoms	Symptoms appear gradually	Symptoms can appear within 3-6 hours
Coughing	Hacking, productive cough	Dry, unproductive cough
Sneezing	Common	Uncommon
Stuffy nose	Common	Uncommon
Sore throat	Common	Uncommon
Chest Discomfort	Mild to moderate	Often severe
Headache	Uncommon	Common

Yes I am going to get both flu shots! How about you?

**Kay Beauchamp, RN, BSN  
ANLC School Nurse**



## Friends of ANLC supports the renewal of the K-3 Override.

On November 3<sup>rd</sup>, Scottsdale Unified School District voters will be asked to renew the K-3 override, first passed in 2005. Friends of ANLC supports this measure that funds additional teachers and reduces class sizes. We encourage all voters in SUSD to become familiar with this issue and vote by November 3<sup>rd</sup>. More information is available online at [www.yestochildren.org](http://www.yestochildren.org)

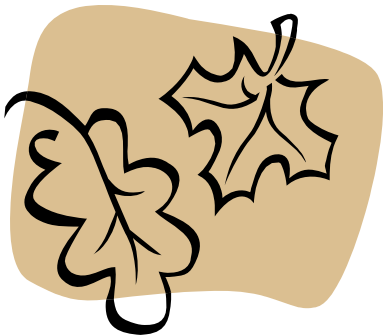


## Art Masterpiece Update. Our kick-off meeting on the 10<sup>th</sup> of September was a huge success!

Thank you to all the wonderful parents/grandparents who have made a commitment to this enriching program.

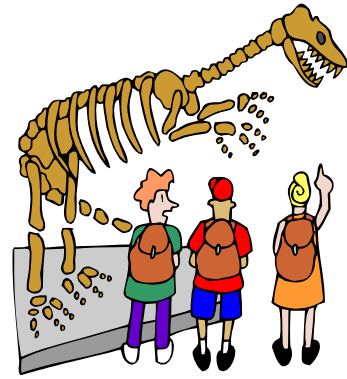
We are still looking for volunteers. There are a few classes with only one or two people signed up to present, more would be merrier! And, if standing in front and presenting to the class is not your thing, there is a real need for assistants. Maybe this is the year for you to give volunteering for Art Masterpiece a try. Our kids will benefit, and you might learn something too! If you are interested, or have any questions please contact us. Thank you!

*Traci Wilbur 602.840.4995 [traci\\_wilbur@cox.net](mailto:traci_wilbur@cox.net)  
Polly Weisiger 480.947.2970 [emailpolly@cox.net](mailto:emailpolly@cox.net)  
Nancy Dicke 480.991.1257 [freddickemd@cox.net](mailto:freddickemd@cox.net)*



### Mark Your Calendars for our Fall Festival!

We're planning a big evening of family fun on Thursday, October 29<sup>th</sup>. There will be *Spooktacular Science* demonstrations, *Bingo Under The Stars*, and a Family dinner. We'll also be kicking off our second annual *Used Book Sale* so start collecting those books! **We need lots of volunteers. If you'd like to help plan, set up, or staff the events, please let us know.** You can email [friendsofANLC@cox.net](mailto:friendsofANLC@cox.net) or call *Diane Sanders at 602-826-2233*.



## Visit the Phoenix Art Museum for FREE!

Did you know that ANLC owns a membership pass to the Phoenix Art Museum?

This pass will allow 2 adults and up to 4 children to visit the **Phoenix Art Museum** for free! The pass is available on a first come, first served basis. To borrow the pass, simply visit the ANLC front office and ask Lorraine Brady to check it out to you.

Want more FREE Art?

The **Phoenix Art Museum** is free every Wednesday from 3-6pm.

The **Scottsdale Museum of Contemporary Art** is free every Thursday

AND

The Public Libraries carry a Culture Pass which gets you in to **Museums, the Phoenix Zoo, the Desert Botanical Garden and the Arizona Science Museum** for FREE!!

Don't miss out on these outstanding enrichment opportunities!



Your Check is Welcome. Your check is welcome at all schools in the Scottsdale Unified School District. The Scottsdale Unified School District recognizes that occasionally a parent may inadvertently overdraw a checking account and a check may be returned by your bank. In order to recover these funds in a private and professional manner, the Scottsdale Unified School District has contracted with Nexcheck, LLC, for collection of returned checks.

Each person writing a check should write the check on a commercially printed check with your name, address, and one phone number. Counter or starter checks will not be accepted. When a person writes a check to Scottsdale Unified School District, the person writing the check agrees that, if the check is returned that it may be represented electronically on the same account, and that the fee established by law, now \$25, may be debited from the same account.

If the check and fee are not collected electronically, then Nexcheck will contact you by mail and by telephone in order for you to make arrangements to pay. All payments need to be made directly through Nexcheck P.O. Box 19688, Birmingham, AL 35219. For a convenience fee, payments of both check and fee may be made electronically at [www.nexcheck.com](http://www.nexcheck.com) or over the phone using a credit card, debit card or electronic check.



The cooler weather is finally here! It is planting time in the ANLC garden. If you are interested in gardening with your child's class, please contact us. Everyone welcome.

See how our garden grows!

The Garden Committee

Eleanor Beger  
480.947.1466  
[TBeger@cox.net](mailto:TBeger@cox.net)

Ann Rodarte  
602.448.7767  
[roadart@cox.net](mailto:roadart@cox.net)



## Our Volunteers Rock!

We send our most sincere thanks to the 34 parents and other Friends who staffed our Health Fair and Screening on Sept 17<sup>th</sup> and 18<sup>th</sup>. What a great turnout! Our volunteers included Suzanne Arons, Jo Boettcher (both days!), Lisa Campbell, Danielle Castellanos (both days!), Pat Castellanos, Richard Cervone, Julie Conway, Toni Coursey (both days!), Jennifer Davidson, Michele Davies, Jennifer Dresbach, Allison Edwards, Cindy Ensign, Alison Espinosa (both days!), Paula Goldstein, Aida Hatem (both days!), Nick Johnson, Moira Kehayes, Jean Leslie, Margaret Ann Lippincott, Steve Maltz, Rebecca Nolen, Cathy O'Hara, Ernestine Pound, Scott Price (both days!), Adam Robbins (both days!), Jill Ropp, Diane Sanders, Allison Siegel, Rhonda Suder, Heather Taylor, and Cari Tricklel. **Special thanks to Judy Maltz and Julie Robbins for organizing this big event with Nurse Kay!**



**We're forming a new PTO committee to go after grants that benefit schools. Are you interested?**

A few of our parents are forming a new Friends' committee to identify and apply for grants that benefit elementary schools. In light of all the funding challenges our schools face, their timing is great!

This effort will not require time at school, the hours are flexible, and training is available. If you're interested, or have information on available grants, *please contact Julie Robbins, [arobbins@cox.net](mailto:arobbins@cox.net).*



## Are you getting our emails?

Friends of ANLC maintains a volunteer database and email list. If you're not getting our emails, we probably don't have your email address.

You can add, update, or verify your email address or other information, including your volunteer interests, online at [www.friendsofanlc.ptomanager.com](http://www.friendsofanlc.ptomanager.com). On the right side of the webpage, there are 3 ways to access our database:

- If you know your password, sign in using your email and password;
- If you don't know your password but you're getting emails from us, enter your email address in the "forgot your password" space. Additional login instructions will then be sent to you;
- If you're new to ANLC or not yet on our email list, register through the "new user" link.

**If you have questions or problems**, please email us at [friendsofANLC@cox.net](mailto:friendsofANLC@cox.net) or call Diane Sanders, 602-826-2233.

### Tax Credit Donations

Did you know that any state tax payer can tell the state where they want some of their state taxes to be spent? Tax Credit donations help supplement field trips, overnight trips, after school programs, tutoring and more. Single filers can give up to \$200 and married filers can give up to \$400. For more information available at [www.susd.org](http://www.susd.org) or you can talk with Lorraine in the office (480) 484-7502. Tax credit application is attached to the newsletter.